



Praice Personal Report

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Welcome

You have just taken the first step towards added personal insight and understanding of your strengths.

Your Praise Profile is all about your behaviour and about how you and others perceive you. It is based on the words chosen and how they were ranked by you and your network. These words we also refer to as strengths. It is important to underline that there are no right or wrong types/colours or words. They all contribute positively, and each have their own meaning with regards to your behaviour.

The first thing that you see is a graphical presentation of your Praise Profile. The rest of the report is based on this. The colours represent your type.

Your Praise Profile changes when answers start coming in from your network or if you invite new people to Praise you. The report always reflects the latest changes to your profile. You can use your Praise Profile as the basis for a dialogue about your strengths and how to use them in your work.

In the overview section, you can read more about your significant types/colours and the words attached to them.

On the subsequent pages, you can read more about your strengths and challenges as well as the elements that either motivate or stress you.

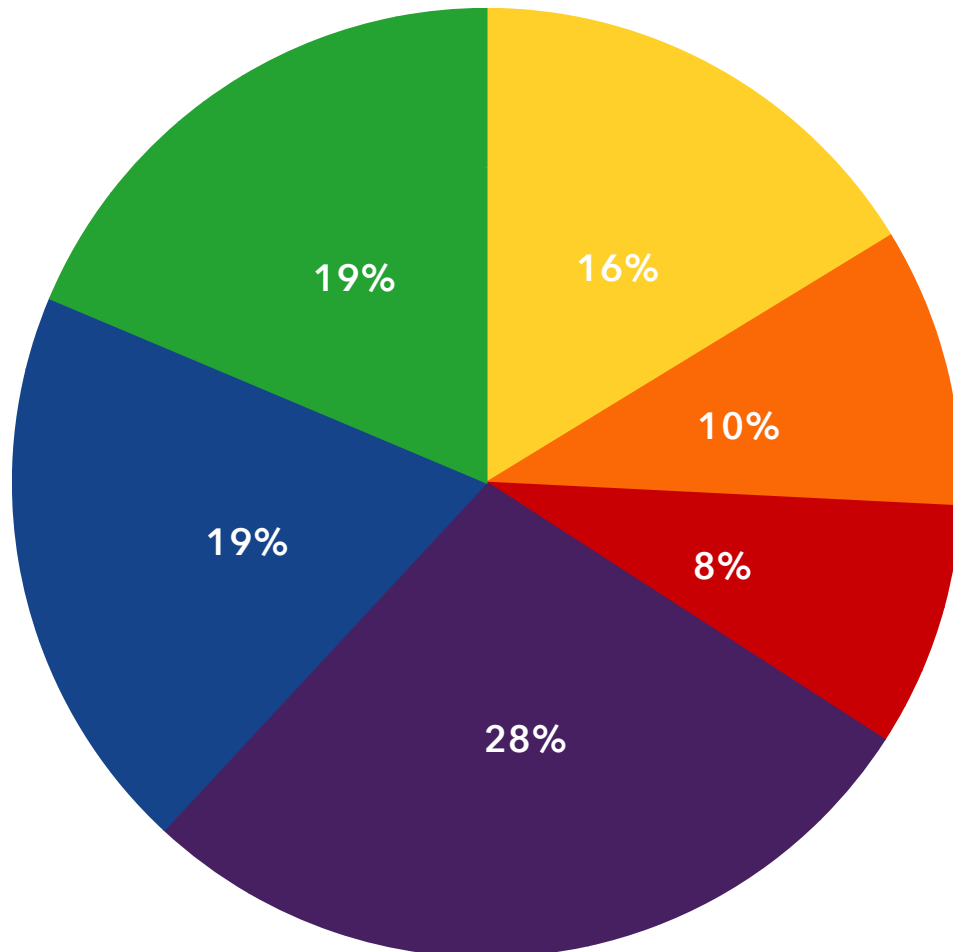
Spend some time reading and understanding your special characteristics – it is well worth it. The better you know yourself, the better you know how to use your strengths.

If you have any questions or feedback, please contact Praise directly: support@pralice.com. We are always ready to help or explain.

Enjoy reading!

Praice Profile

Your Praice Profile consists of 6 colour categories. Below you can see how they are distributed.



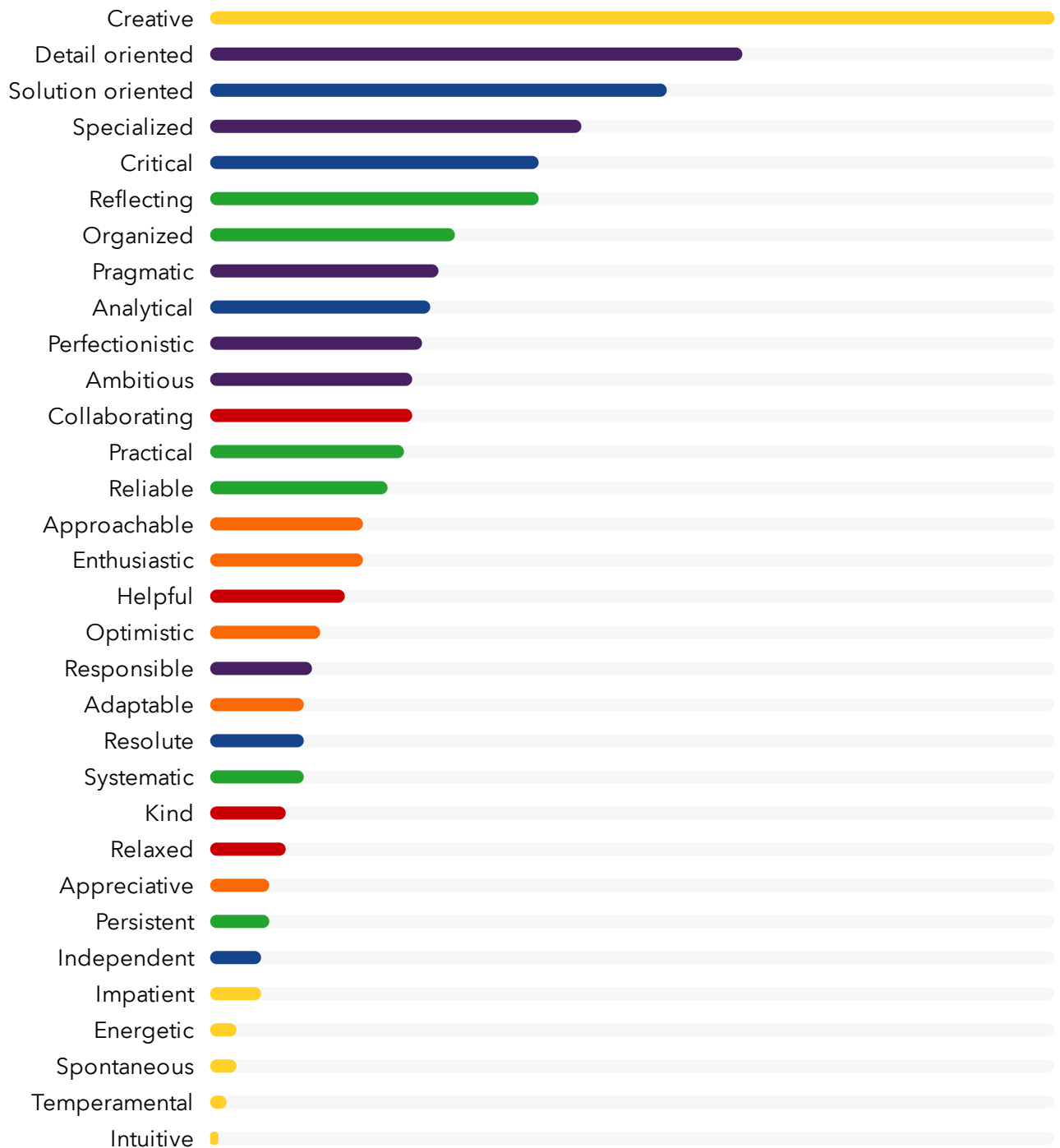
You primarily use the left side of the brain:

The colours on the left side of the model are the colours addressing the behavioural characteristics activated on the left side of the brain: facts, logic, rationality, taxonomy, and the systematic.

The circle shows you in which areas you are particularly strong. If a colour category accounts for more than 16,6%, we call it a "strong colour".

Praise Competencies

This is your competence graph which shows you how you and your network have distributed and weighted the chosen words.



Your competence graph shows the words that represent you the best. The top words have been ranked the highest by you and your network combined.

Your strong colours

Your strong colours define the main strengths that you use on a daily basis.



Casper Handberg



You strongly display the
Purple behavioural type

Displays a need to be informed and specialise within their own subject area.



You strongly display the
Blue behavioural type

Displays an excellent ability to analyse and evaluate the value of an existing product.



You strongly display the
Green behavioural type

Displays an ability to work in an organised and practical way.



The combination
Purple & Blue

You prefer working on your own because your strength is that you think. You can both evaluate a suggestion on its subject matter and its applicability.



The combination
Purple & Green

You are a systematic person and have an eye for detail. Hence, it is important for you that the framework for your work is well-organised.



The combination
Blue & Green

You assume responsibility for reaching the goal and will happily organise the process to ensure that everything runs efficiently.

Besides your strong colours, there is also a set of possible combinations adding additional nuance to your profile.

Strengths and challenges

The section on your strengths and challenges guides you to the best use of your competencies and what to pay attention to.



Expressing yourself modestly, briefly and to the point.



Evaluating advantages and disadvantages.



Working in an organised and step by step manner.



Preferring to be a specialist rather than a generalist.



Can appear unnecessarily critical.



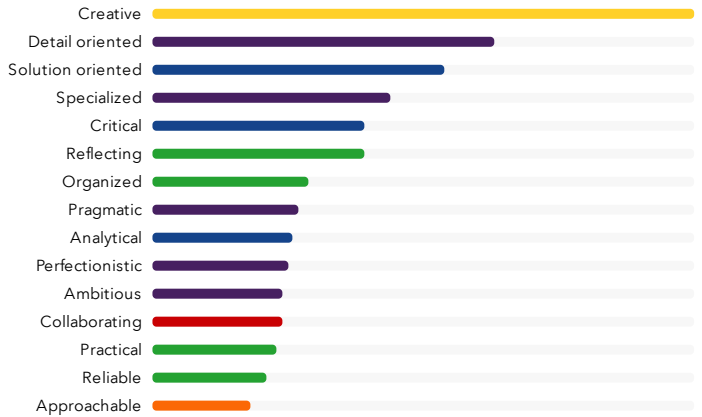
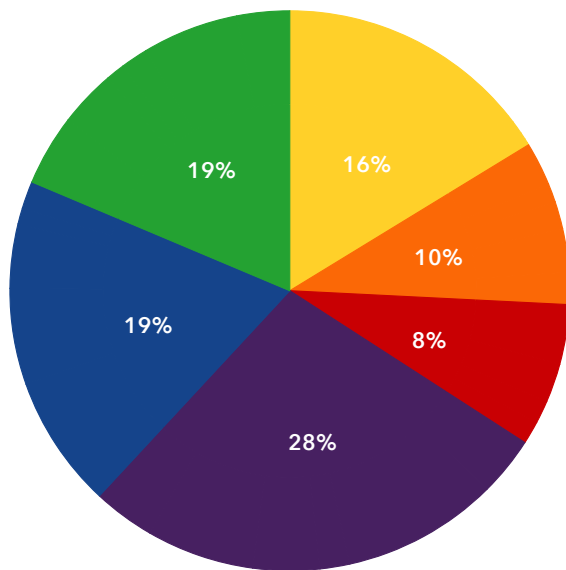
Preferring not to deviate from the plans.



The more you are aware of your own strengths and challenges, the easier it is to let others know about it.

Motivation and stress

It can be crucial to know your motivational and stress factors. Below you can read more about which factors that are associated with your most significant colour.



Your strongest colour is PURPLE



Motivation

Purple behavioural types love to immerse themselves – they are very eager to learn within their own subject area. They are motivated by having peace and quiet to collect the necessary information. They are also motivated by their vast knowledge earning them respect as subject matter experts.

Motivation factors:

- Clearly defined requiring focus
- Contributing with actual knowledge without having to deal with the rest of the project
- Working alone without deadlines – enhancing your skills cannot be forced



Stress

Purple behavioural types do not like to work in changing environments. It is stressful to deal with too many different processes. They are not fans of “multitasking”. Also, it is not ideal for them to work in an environment that relies heavily on personal relations and where it is frowned upon if you isolate yourself from others.

Stress factors:

- Required social activity
- Low levels of ambition
- Open office spaces with a high noise level

Being aware of the above gives you a better chance of seeking out what motivates you and dodge what stresses you.



Walkthrough of the behavioural traits

The Yellow Behaviour

Energetic – Generally works at a high pace and displays a high degree of persistence

In your work, this means that you keep a fast pace. You also possess an inner drive that prevents you from standing still for too long at a time. The result is that you are not scared of initiating new processes and you enjoy juggling many tasks at the same time.

Intuitive – Being able to go with one's intuition

In your work, this means that you typically prefer to navigate in accordance with your immediate intuition. You cannot always argue analytically for this conviction but it is rarely wrong.

Temperamental – Can defend oneself and use emotional energy positively

In your work, this means that you express yourself in an authentic way. You speak directly and do not contain your feelings. You will not let disagreements occur unchallenged.

Impatient – The ability to inspire a sense of urgency

In your work, this means that your pressing character helps to push projects forward. That is why you prefer things to happen straight away.

Spontaneous – Being able to act in the moment

In your work, this means that you are good at following your feelings and intuition, finding out what is most important for you at any given moment. Your connection to your feelings can be a source of energy and charisma.

Creative – The ability to produce original ideas

In your work, this means that you tend to do things differently which leads to creation of new ways of solving problems and adding value. When you approach a task, you think across contexts and synergies.

The Orange Behaviour

Adaptable – The ability to take on a new role with little or no adjustment

In your work, this means that you can easily adjust to new situations. You do not think in an orthodox way, regardless of whether it concerns colleagues, what you do or the way that you work.

Approachable – The ability to meet people with genuine interest

In your work, this means that you can easily communicate with others and that you display a natural empathy for other people. You focus on understanding the thoughts of the person in front of you.

Enthusiastic – Being able to enter a project wholeheartedly

In your work, this means that you are good at being involved in the things that you do. You always eagerly search for the things that actually work so that you can utilise them. You believe that it is important to be passionate about the things you do, or you should find something else to do.

Appreciative – The ability to point out the positive rather than the negative

In your work, this means that you understand the importance of praising when there is something to praise, and of highlighting the qualities that people can contribute with rather than whatever flaws they might have.

Optimistic – The ability to see possibilities rather than limitations

In your work, this means that you do not allow negative moods or despairing opinions to stop you. Instead, you always consider what is possible and use that to navigate.

Brave – The ability to act confidently in an uncertain situation

In your work, this means that you do not let fear of failure stop you. Brave people tend to take more chances and go for possibilities that others would not have approached.

The Red Behaviour

Collaborating – The ability to accept all types of people

In your work, this means that you like to make room for the knowledge and opinions of other people. It is important to you that nobody feels cut above others so that team cooperation remains respectful.

Caring – The ability to care for another human being

In your work, this means that you usually have good social skills. Your approach to other people means that you generally maintain good relations to your surroundings and that you usually find it easy to join new teams and social environments.

Kind – The ability to socialise with others in an empathic and respectful manner

In your work, this means that you usually do not annoy or irritate anybody and that you are easy to be around. By showing respect for the feelings and goals of others, you manage to create relations and navigate in situations that could have led to conflict.

Helpful – The drive to help others when there is a need

In your work, this means that you are willing to support others and lend a helping hand, even if this is not necessarily expected of you. In addition, you might even compromise your own goals if it helps others to achieve theirs.

Humble – The ability to act with respect and modesty

In your work, this means that you usually do not brag about how good you are. Instead, you usually gain respect from your surroundings through hard work and diligence.

Relaxed – The ability to not lose one's temper over trivialities

In your work, this means that you tend to display few mood swings and have a more stable approach to your work. You often communicate in an informal way which facilitates the dialogue in difficult situations.

The Purple Behaviour

Pragmatic – The ability to always be realistic and objective

In your work, this means that you focus on relating to the current situation rather than imagining the future. You use your pragmatic sense to take a level-headed look at the problem before you make a choice.

Ambitious – The ability to never be satisfied with the current status

In your work, this means that badly done work or half-hearted efforts can frustrate you. You use your efforts to achieve your high-level goals as a source of inspiration for yourself.

Specialized – The desire to know a lot about a limited subject

In your work, this means that you spend more energy on getting better within a single topic area than cooperating across various subject areas.

Responsible – The ability to vouch for a project or a process

In your work, this means that you like to be up front and make things happen, and that you are motivated by process developments. You are conscientious and you fulfil those requirements that you believe others to have of you.

Detail oriented – The ability to identify nuances and small imprecisions

In your work, this means that you consider it an expression of professionalism that even the smallest imprecisions have been corrected. You take pride in ensuring that everything is perfect before it is declared as finished – even those things that others might consider insignificant details.

Perfectionistic – The will to constantly look for the best solution

In your work, this means that you have an incredible drive and that you keep working on a specific product until it is perfect because you do not compromise on the quality of your work.

The Blue Behaviour

Dominating – The ability to effectuate one's will

In your work, this means that you manage to maintain your opinion. In confusing or direction-less situations, you are not afraid of assuming a leading role and leading the people in the direction that you consider to be the best.

Resolute – The ability to make a decision

In your work, this means that you are good at creating a clear picture of advantages and disadvantages of a given situation, and that you are brave enough to choose the most advantageous solution.

Critical – The ability to question the current state

In your work, this means that you rarely accept an idea or a solution proposal without a previous opportunity to check this idea or proposal thoroughly and challenge any weak points.

Solution oriented – The ability to put forward concrete suggestions

In your work, this means that you want to make sure that the processes used have a practical goal. You are not good at working with hypotheses and processes that turn too theoretical or vague.

Independent – The ability to work without being dependent on others

In your work, this means that you are good at defining a direction for yourself and your work, and that you can work without feedback or praise from your surroundings. This makes you particularly suitable for handling unpredictable projects or tasks.

Analytical – The ability to see objects or processes from different angles

In your work, this means that you are good at analysing your topic thoroughly and considering advantages and disadvantages of a given situation or challenge. You might not work quickly but your assessments are usually correct.

The Green Behaviour

Persistent – The ability to keep going until the goal has been reached

In your work, this means that you are hard-working and that you often provide a good performance across disciplines. In addition, you can handle short-term discomfort in return for rewards in the long run.

Reliable – When experience shows that there will not be any big changes in outcome

In your work, this means that your actions are usually reliable. The consistency that you are known for means that people entrust you with tasks that are important or require consistent execution in order to add value.

Systematic – The ability to create order in chaos

In your work, this means that you are good at prioritising and organising your task approach. This makes you more efficient, especially with regards to gaining an overview of large amounts of information.

Reflecting – The ability to contemplate or rethink a process

In your work, this means that you consider and analyse actions and other aspects of an event in order to completely understand what has happened or what ought to happen.

Practical – The ability to convert ideas into action

In your work, this means that you are good at finding concrete solutions. You are motivated by well-defined tasks and you are very present when you solve the tasks.

Organized – The ability to conduct oneself logically and taxonomically

In your work, this means that you are good at planning and coordinating a course of activities. Therefore, you are often the person who creates order in the systems and likes everything to be in place.

Last word

You have now been through the description of your personal behaviour, and we hope that you found it interesting.

The next step is for you to use your Praice Profile in a constructive way. Being able to talk about the things that you are good at is a good beginning because that increases your chances of really putting your main strengths to use.

Good luck!